

HORNSBY TRIATHLON CLUB-BIATHLON RUN COURSE

DIRECTIONS

- Exit pool, Change over and run up pool entrance, and out to Bridge street.
- Turnaround and head back past pool
- Take first right after pool into Dural street.
- Take first right again into Quarry road.
- Run down Quarry road, and turnaround at the gate on the Left Hand Side.
- Return to pool the way you came.

QUICK FACTS

- Distance = 3.8km
- Course is flat, except slightly uphill coming back from Quarry
- Surface is generally good, watch turnaround at Quarry for gravel.
- Time, depending on fitness it takes around 20 minutes.

